



SAMSACU OCCUPATIONAL HEALTH AND SAFETY DEPARTMENT



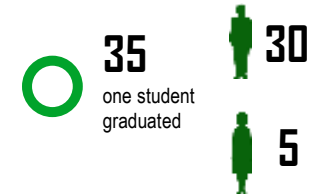
Mirzo Ulug'bek nomidagi
SAMARQAND DAVLAT ARHITEKTURA
QURILISH UNIVERSITETI

Occupational Safety and Health Engineering Department at SamSACU. was established in 2020. Prepares bachelor students in the following areas:

- Occupational safety and health engineering.
- Life safety,
- Labor protection and technical safety education



in 2023



3 GOOD HEALTH AND WELL-BEING



Mirzo Ulug'bek nomidagi
**SAMARQAND DAVLAT ARXITEKTURA
QURILISH UNIVERSITETI**



In 2023, the doctor Nazira Sultanova of SamSACU's "Health Advisory Center" and her team conducted seminar-trainings on the topic "We are supporters of a healthy lifestyle".



In order to establish practical co-operation on SamSACU training and production practice at the enterprises of special economic zones, the heads of Samarkand State Architecture and Construction University named after Mirzo Ulug'bek made a practical visit to the production enterprises and held an agreement.

The main task of the SamSACU Health Counseling Center is to care about the health of university professors, employees and students and provide them with happy services.



**SULTANOVA NAZIRA TURSUNOVNA, DOCTOR OF THE HEALTH
CONSULTATION CENTER OF SAMARKAND STATE UNIVERSITY
OF ARCHITECTURE AND CONSTRUCTION**





SamSACU provides workshops and trainings to support students' mental health. SamSACU's goal is to make students and young people think more about the consequences of each job in their personal life than about the result of their studies, to show students and young people the unique innate individual talents and abilities of each person and to manifest them in Explaining their interests with examples from real life, as well as giving necessary psychological recommendations to people to realise their personal abilities, develop them and turn them into talents.



O'tayorov Sardor Olmosovich
Psychologist at SamSACU



THE MAIN KEY TO SUCCESS IS MENTAL
REFRESHMENT!!
Achieve mental stability!





SAMSACU - WE ARE AGAINST SMOKING



SamSACU has a smoke-free policy. Practical anti-smoking propaganda is conducted on the university campus. The spiritual department of SamSACU organises seminars and trainings under the slogan 'we are against smoking'.

